

Radical Acceptance

By Joy Guidry

Featuring Jordan Davidson

First DMA Recital

Thursday, October 20th, 2022 – 5:00 p.m.

Conrad Prebys Music Center, Experimental Theater

Hello	Joy & Jordan
Just Because I Have a Dick Doesn't Mean I'm a Man	Joy Guidry (1995)
Face to Face	Joy Guidry (1995)
Inner Child	Joy Guidry (1995)
72 hours	Joy Guidry (1995)
How to Breathe While Dying	Joy Guidry (1995)
Souls	Joy Guidry (1995)
Freedom	Joy Guidry (1995)
Amen	Joy Guidry (1995)
Grace	Joy Guidry (1995)

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Program notes

Radical Acceptance is the title of Joy's new album, and it tells their story of processing trauma, self-care, self-love, and finding hope for the future. Drawing inspiration from the work of Sonya Renee Taylor, who has defined radical self-love as "its own entity, a lush and verdant island are offering safe harbor for self-esteem and self-confidence." While Joy's musical offerings represent a range of musical idioms and methodologies from improvisation and graphic scores to multimedia and gospel, the uniting principle for Guidry is a focus on the importance of affirmation, validation, and self-care.

Guidry states, "Radical acceptance is a personal practice that has evolved in my life over the past year. This doesn't mean there aren't still tough times, but times of warmth and comfort are much more present these days. I will never be able to change my past, the things that hurt me, but I can live a peaceful and beautiful life of my own creation. The most important thing I've had to teach myself is that there is nothing wrong with my body or my brain. My body is fat and I struggle with my mental health daily, and neither of those things makes me any less of a human being. I know that my Black, Fat, Queer, and Non-binary body is valid in every way. Learning to love my whole self unconditionally will be a lifelong journey, but I am just so happy to be where I am today. This is my radical acceptance."

This concert features Joy Guidry on bassoon, voice, electronics, and Jordan Davidson on cello.

